

Life-Saving Commitments

The following information, and materials contained within, is confidential and distributed only to ACIG Members. All contents are for educational and informational purposes only. Please do not forward the information outside of the ACIG membership, as this work product may contain privileged and confidential information.

ACIG MISSION STATEMENT: Saving lives, preventing injuries, and reducing the overall cost of risk for our Members.

EDITOR'S NOTE: All links to resources have been tested and are active 24 hours prior to distribution; however, links may become inactive over time at the discretion of the publication source.

Quick Links

[Member Spotlights](#)

[Safety Resources](#)

[Safety News & Notables](#)

[About Us](#)

Featured Commitment



#4 Motor Vehicles

American Contractors Insurance Group
2600 N. Central Expy., Suite 800
Richardson, TX 75080
Main: 972.702.9004
Fax: 972.687.0602

Upcoming Safety Meetings



Date	Event	Location
May 1, 2023	Industrial Safety Peer Group Meeting	Baton Rouge, LA
May 2-3 & 4-5, 2023	High-Impact Electrical Workshop	Baton Rouge, LA
May 23-24, 2023	General Building Safety Peer Group Meeting	Las Vegas, NV

Safety Lessons Learned

To read any previous ACIG Lessons Learned Bulletins, click [here](#).

*ASK username and password required. Contact [ASK Support](#) for assistance.

Quality Insights Newsletter (QIN)

To read the latest edition of ACIG's Quality Insights Network, click [here](#).

*ASK username and password required. Contact [ASK Support](#) for assistance.

Ricky Reams Named 2022 MCAA/Milwaukee Tool Safety Professional of the Year



Ricky Reams (Murphy) was awarded as the 2022 Safety Professional of the Year at the MCAA's 2023 Safety Conference in San Diego, CA in January. The award is presented annually to a mechanical industry safety and health professional who has led his or her company to achieve an exceptionally high degree of safety excellence. Ricky has been a passionate safety leader for many years and his work to advance mental health is without equal. Congratulations, Ricky!

Brenda Powell was Named the Women in Construction of the Year



Brenda Powell (McGeorge) received the Women in Construction of the Year Award. This award was established to recognize the outstanding efforts of a National Association of Women in Construction (NAWIC) member who has been actively involved. Brenda is the NAWIC Vice President/President-Elect for the Greater Little Rock chapter. They have a wonderful group of about 45 women, made up of engineers, project managers, safety, HR, electricians, office managers, field tech managers, and more. Brenda is a leader in construction safety and has been with McGeorge for 37 years. Congratulations, Brenda!

We would love to feature your company's good news as a Member Spotlight! Did someone recently earn a quality certification or promotion? Please send any awards, achievements, endeavors, community involvement, etc. to [Alexa Diaz de Leon](mailto:alexa.diazdeleon@acig.com) at alexa.diazdeleon@acig.com.

PENTA Safety Kick-Off



PENTA hosted three Safety Kick-Off events last month with record attendance at all events. PENTA hosts these safety kick-offs to remind everyone that safety is the most important thing that should be focused on. The theme for this year is Safety Victory in 2023; winning means everyone gets home safe. They invite anyone in the commercial construction industry to join this event. You can watch John Cannito's interview with Fox5 – Las Vegas KVVU [here](#).

Ajax Paving Florida, LLC is sponsoring
Construction Hike for Hope!

LET'S BUILD A CULTURE THAT'S SMARTER ABOUT MENTAL HEALTH



The Construction Hike for Hope is an event meant to engage the construction industry on the importance of mental health and suicide prevention. According to the CDC's data on suicide risk within occupational groups, the construction and extraction industries were found to have the highest rate of suicide in the United States. Suicide prevention starts with everyday heroes like you. Join Ajax as they combine efforts across the state of Florida as well as virtually on Saturday, April 15th. One day – five locations. Click [here](#) to see more details about the event.

Thank you, Ray Cardiel!



ACIG would like to recognize and thank Ray Cardiel of Nabholz. Over the past few years, Ray has graciously reviewed all of our Safety Lessons Learned Bulletins and provided the final review and critique of our English to Spanish translations. Ray's contributions to safety are greatly appreciated!

We would love to feature your company's good news as a Member Spotlight! Did someone recently earn a quality certification or promotion? Please send any awards, achievements, endeavors, community involvement, etc. to Alexa Diaz de Leon at alexa.diazdeleon@acig.com.

Quick Links

[7 Tips for Safe Use of Ladders](#)
NCS Safety & Health

[FACE Report: Machine Operator
Fatally Struck by Safety Block
Ejected from Mechanical
Power Press](#)
NCS Safety & Health

[How High is Deadly? Infographic](#)
CPWR

[Prevent Heat Illness
at Work Brochure](#)
OSHA

[Toolbox Talk:
Preventing Falling Objects](#)
CPWR

[Toolbox Talk:
Muddy Work Area](#)
Keystone Contractors
Association

[Tornado Safety: Have a Plan](#)
NSC Safety & Health

[Workplace Stress: Guidance and
Tips for Employers](#)
OSHA

April is National Distracted Driving Awareness Month



April is National Distracted Driving Awareness Month. It is a good time to regroup and take responsibility for the choices we make when we are on the road. Follow these safety tips for a safe ride every time:

- Need to send a text? Pull over and park your car in a safe location. Only then is it safe to send or read a text.
- Designate your passenger as your “designated texter.” Allow them access to your phone to respond to calls or messages.
- Do not scroll through apps, including social media, while driving. Cell phone use can be habit-forming. Struggling to not text and drive? Put the cell phone in the trunk, glove box, or back seat of the vehicle until you arrive at your destination.

Read more about ways to stay safe on the road at [National Highway Traffic Safety Administration](#).

2022 CSRA Safety Summit



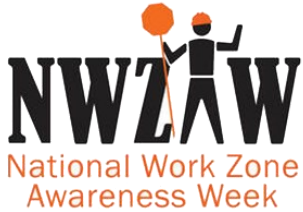
On November 2, 2022, the Construction Safety Research Alliance (CSRA) at the University of Colorado Boulder hosted its annual Safety Summit. ACIG was well represented at the event. ACIG Members included Bryan Szostak (Phillips), Ricky Reams (Murphy), Dan Ruane (Pepper), Justin Tourdot (Saunders), Michael Overholt (ACIG), and Mike Dickerson (ACIG).

The annual Safety Summit in Boulder, CO is the group's signature event. New projects are unveiled, the status of current projects are shared, and best of all; learnings and resources for completed projects are presented. We encourage you to view the recordings for the 2022 Safety Summit [here](#). Recordings from previous years are also available [here](#).

The vision of CSRA is to eliminate serious injuries and fatalities in the construction industry through transformative research and defensible science. ACIG's Mike Dickerson has participated in research on precursors for serious injuries and fatalities (SIF), ACIG's Matt Summers is currently assisting in research studies on the science of safety training, and Saunders' Justin Tourdot is currently assisting in researching high-energy hazard controls.

Take a look at the Knowledge Center along with new incident investigation resources located [here](#).

Safety Weeks



Date/Event

April 17-21, 2023
[National Work Zone Awareness Week](#)



May 1-3, 2023
[Construction Safety Week](#)



May 1-5, 2023
[National Safety Stand-Down to Prevent Falls in Construction](#)

ACIG Updates



Mackenzie Lofland was promoted to Associate Safety Consultant. Mackenzie joined ACIG on July 28, 2015, and quickly found her passion in Safety. She leads our Near Miss/Good Catch initiative, Serious Injury, and Fatality (SIF) projects, and chairs our high-impact specialty workshops. In her new role, she will be working more closely with our Members, advancing our Near Miss objectives, and taking on additional responsibilities in a series of special projects.



A number of ACIG Members have successfully deployed helmets designed to better withstand the energy of an impact to the head at our work sites and fixed facilities. Mike Dickerson has developed a brief informational guide that may assist with purchasing decisions and implementation. Much of the content within the guide and several quotes were taken directly from your ACIG partners that have already “been down the road”. Please click [here](#) to view the guide.

Heavy Civil Safety Peer Group



The Heavy Civil Safety Peer Group met in Little Rock, AR earlier this month for their first in-person spring meeting since 2015. We are very grateful for the hospitality from our amazing hosts at Pine Bluff/McGeorge/Granite Mountain Quarries! There were 39 people in attendance, one of our biggest peer group meetings yet. Thomas Dickinson, President of GMQ, kicked off the meeting with an overview of McGeorge Companies. The group discussed a wide variety of relevant topics, including struck-by critical controls, mental health and wellness, leading indicators, and utility strike prevention. GMQ hosted the group for a tour of the Granite Mountain Quarries, where they viewed blasting and crushing operations. It was a fantastic meeting with great people, sharing of ideas, and LOTS of food!



Michael Overholt

VICE PRESIDENT — SAFETY & PERFORMANCE EXCELLENCE/QUALITY



Carl Heinlein

SENIOR SAFETY CONSULTANT



Rob Berryman

SENIOR SAFETY CONSULTANT



Matt Summers

SAFETY CONSULTANT



Mike Dickerson

SAFETY CONSULTANT



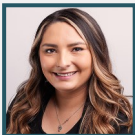
Mackenzie Lofland

ASSOCIATE SAFETY CONSULTANT



Kara Carper

PEQ & SAFETY OPERATIONS MANAGER



Alexa Diaz de Leon

TECHNICAL SAFETY/PEQ ASSOCIATE



Emily Glazner

TECHNICAL SAFETY/PEQ ASSOCIATE



Josie Dunson

TECHNICAL SAFETY/PEQ ASSOCIATE

